



### BRADFORD GRAMMAR SCHOOL 'KEEPS MOVING' DURING THESE DIFFICULT TIMES

**Tennis is an important part of a broad sports programme at Bradford Grammar School and we greatly value our partnership with STC.**

We believe that engagement in outstanding and inclusive sporting experiences enriches young lives and has lasting benefit; and that includes during 'lockdown' as BGS staff, much like at STC, provide physical activities and challenges via social media and our school website. Although our new state-of-the-art sporting facilities at school remain vacant for now, our specialist staff have created inspiring, and supportive resources to help individuals motivate themselves to make progress whilst in lockdown. These resources reflect the excellent programmes we would normally deliver to engage all students.

As a team, we have looked at what opportunities may present themselves during this forced change and, although we are not standing side by side with our pupils, we have produced technical skills videos, tactical review webinars, nutritional guidance, specific strength and conditioning tutorials and fun challenges; plus our GCSE and A level students continue to be engaged via remote teaching in the theory side of the courses.

We have received excellent and generous feedback from students and parents about the continued sporting provision, which has inspired us to generate further content for our students. We will continue to adapt and refine our resources, working with BGS students, to ensure we stay true to our core values of opportunity, excellence and happiness.



Ollie  
Rogers,  
Director of  
Sport

Readers will notice a natural synergy between what STC and BGS are trying to achieve for communities of young athletes. To encourage a positive disposition to physical activity and competition, to foster confidence and wellbeing, to provide a foundation for life through sport and its values, this is our shared goal.

#### **A message from the Headmaster, Dr Simon Hinchliffe**

*Bradford Grammar school is proud to be associated with the amazing Skipton Tennis Centre, providing physical activity, our shared sporting values and wellbeing in the wider community. In our coronavirus reality, we have loved doing the daily 8am STC skills workout in our hose; the 'music ones' have been particular favourites with our kids. Well done to everyone at STC keeping bodies moving, and spirits up at the time!*

# COVID- 19 WON'T STOP WALKER FOSTER



Our club sponsors Walker Foster have given us an insight as to how they have adapted their way of working during this time ...

So, what has Coronavirus meant for the High Street? Many shops, bars and restaurants have had to close their doors. People have been told to stay at home unless essential travel is required for work, for food, for medicine or to look after the vulnerable. Children are being home-schooled and parents everywhere have a new routine to adopt. It seems as if the world has changed overnight.

At Walker Foster we continue to operate in these difficult times. Whilst the conveyancing market has shown signs of slowing down, the private client team have been very busy with those wishing to amend and update their Wills and those making powers of attorney for their loved ones so that they can act on their behalf. This virus has reminded us all that we are not invincible. The virus seems to strike young and old with no pattern to its behaviour.

We have adapted our working process – virtually all our staff are now working from home with the wonders of technology.

Keeping in touch with each other for support is vital.

Microsoft Teams is our preferred platform and virtual meetings seem to be becoming the norm. We have the ability to use our car park and extensive garden at our Skipton office to facilitate the outdoor signing of Wills and powers of attorney (weather permitting!) where we are able to respect the social distancing rules but still do what needs to be done in a safe and efficient manner. A Will needs two witnesses present – this is proving very difficult for some clients who are in self-isolation and therefore we have offered a viable solution. We embrace change!

So, life goes on and I hope the residents of Skipton and beyond stay safe and well for many years to come. We will get through this, one way or another!

## WHAT HAVE WE BEEN UP TO?

**Firstly, we miss you all and cannot wait until we get you all back playing.**

We have been working hard to spruce up the club to make it a more enjoyable environment for you all to use. The exterior of the clubhouse has been painted and looks brilliant. A big thank you to Andrew Burton Painter and Decorator for his hard work on this.

We have also done some landscaping and painted the benches so that the outdoor seating area is ready for a Pimms or two!

We have remained very positive, planned and been creative to ensure that throughout this and when we can get you all back playing tennis we can deliver some brilliant sessions.

Adam has spent a huge amount of time on the indoor project having various conference and Zoom calls with the LTA and other parties. Coronavirus hasn't slowed down the hard work going in to this project, if anything it has allowed us to spend more time on this.

## INTRA - CLUB MATCHES

Our club match play sessions will see over **70 adults and 20 juniors** compete weekly in some intra-club match play. The match play has a level for everyone.

Adam said, *"We have entry level leagues for players who are new to match play and leagues that will allow first team players, coaches and county players to have a weekly fix of competition. The format of these mini leagues provide a great opportunity to improve your game, practice what you learn in lessons, get some weekly exercise and most of all have some FUN!"*

Skipton Tennis Centre's intra club match play is open to fall club members, is FREE to enter as part of your membership and all the admin and set up is done by our coaching team. Each 7 week cycle will see approximately 300 fixtures and the 'driving' force to create this was to provide something positive for our members / players during the Coronavirus pandemic.

## THE CARLETON HUB

We are very proud to be providing The Carleton Hub @ Carleton Primary School with weekly fun and active sessions for children whose parents are key workers. We wanted to help the community and hand on heart at the end of this be able to say we contributed, so for every 2 hours of coaching we are giving 1 hour of our time for free, which is 3 hours a week.

A **HUGE** shoutout to the Headteacher Duggie Speight, he is working incredibly hard to ensure that every child at the hub has fun and thoroughly enjoys their time. He is also working tirelessly to spruce up the school by painting, power washing and cleaning. Some parts are unrecognisable! **Brilliant job!**



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