

### SUMMER CAMPS

The summer holiday season is fast approaching and we have more options than ever regarding the sports we offer and the best facilities in Craven to deliver the games. Although the camps started purely as tennis it became clear that we should widen the net and ensure that no matter what sport children were playing, they were active, safe and having fun. We are lucky to have not just tennis coaches but both qualified multi-sport and football coaches amongst the team at STC.

We have access to 5 tennis courts, the 4G astroturf, open playing fields and the clubhouse equipped with a smart TV for movie club between 3.30 - 5pm.

Check out the website and Facebook for all dates and info regarding Summer Camps.

### TELLING OUR STORY



On the 16th May, Adam made his way to the LTA HQ in Roehampton London to present the STC story to the National Council, Tennis Scotland and Tennis Wales. This was a huge and nerve wracking moment for both Adam and Skipton Tennis Centre and something that took lots of preparation and practice .

Amongst the audience were the LTA Board, the LTA CEO Scott Lloyd, LTA President David Rawlinson and LTA Deputy President Sandi Proctor along with the whole office at the NTC, so the pressure was on to make sure that the STC story was delivered with passion, enthusiasm and accuracy.

The story of STC is very different to the other stories they have heard and it was the operating model that they liked in particular and they were keen to understand if it can be replicated in other areas of the UK.

Adam talked about the beginning of STC, where it all started (out of a school 18 years ago) and the vision to develop a club in Skipton. He then went on to talk about areas such as innovation, how to be creative to

ensure that tennis is made accessible for everyone and the different skills that have be learnt along the journey.

In particular the LTA panel were keen to understand the work that goes on in the schools and how the club provides a pathway from the schools to the club They were also keen to understand how the model of the holiday clubs work.

The feedback from everyone present was phenomenal and more than what Adam could ever have ever dreamt off. We are now hoping that this has firmly put Skipton and STC on the map and that the future for facility development looks bright. Many members of the LTA board have suggested they would love to visit STC.

Following on from the presentation the LTA warned Adam he may get an interesting phone call and one he wouldn't want to miss. On Friday whilst driving to rainy Manchester to pick up some new equipment the one and only SUE BARKER called to find out more about the club! Adam said she was an absolute pleasure to talk to and she invited him to the BBC press box for a quick chat whilst at Wimbledon!

Dreams are only dreams without a goal and STC along with all who are involved have a dream and a goal to bring the best possible facility for all players and members. We really do appreciate all the support from all of you. Some amazing friendships are made at STC!



### BEFORE AND AFTER

We are sure you will all agree that the improvements to courts 1, 2 & 3 look brilliant. The picture to the left is a before and after picture and the difference is massive (no filters were used in the process!). We have also installed 3 new nets and a new draw curtain with a divide to avoid having to duck under the net. We hope you enjoy playing on the new improved courts.

\*\*\*

**Club Pro Shop** - the offer of 2 items for £25 on the sale rail continues there's also ladies shoes from £15. Lots of new stock has arrived over the last few weeks so plenty of lovely outfits to choose from for the summer months.

## IN THE COMMUNITY

### Open Gardens - Carla Beck House, Carleton BD23 3BU

Pop along and help celebrate 20 years of opening for the National Garden Scheme.

You can wander around 4 acres featuring several herbaceous borders, rose walk, vegetable beds, greenhouse and various water features. Take in views over the Gateway to the Dales whilst you enjoy a cream tea.

The gardens open from 10th July and 7th August from 12.00 till 4.30pm.

Admission is £5.00 for adults and children free. There will be plants and refreshments for sale, with

all proceeds going to charity.

See the National Garden Service yellow book or website for more details.



## LADIES MORNING TO TEAM CAPTAIN

When Jeandelle joined ladies morning 8 years ago she never imagined she would be playing in teams, let alone being a team captain.

Jeandelle was dropping her daughter off at tennis camp and noticed some ladies playing tennis and thought she would quite like to give it ago. After 3 years of joining ladies mornings, she then started to attend social tennis, which she actually found quite daunting. Jeandelle thought everyone was going to be really experienced players, she soon realised it was more about people coming to play tennis and having fun.

After Adam's power of persuasion she then played her first mixed D team match 5 years ago. 2 years later Jeandelle volunteered to become the mixed D team captain alongside Andy Haley and 3 years on is still doing a fantastic job.

We grilled Jeandelle about what she enjoys most about being a Team Captain and playing team tennis. "I love to see players and the team succeed and progress, 2 years ago the team were at the bottom of the division and after

*a brilliant season we actually ended up winning the division which was a big moment for the team and STC. There are new people who come through from the coaching programmes and new members that join the club, it's great to see them get involved and have the chance to play some team tennis."*

Being a team captain is a voluntary role and without these people stepping forward the teams simply wouldn't run. Jeandelle explained how you need good organisational and communication skills to run a team successfully, "Everyone has busy lives outside of tennis, so it's important to make sure players know when they are required to play, where and most importantly what food to bring for after the match!"

The moral of Jeandelle's story is there's a pathway for everyone at STC regardless of ability. We want the club to continue to be fun, social and an enjoyable place to be involved.

Thank you Jeandelle for doing a fantastic job and taking the time to do this article.

## MEMBER OF THE MONTH

### Emily Carr

Emily has been a part of Skipton Tennis Centre for many years, starting in group sessions as a junior. She has taken part in weekly coaching sessions and most recently started joining in at social tennis to help improve her game for competitive matches.

Emily has also become part of the STC team during holiday camps, she plays a big part helping deliver fun skills and games. It's safe to say the children love her!

It's great to have you involved Emily!

Theres x2 tickets for the Alexander's White Party on their way to you.

## KEY DATES

- **10th June - 1.00 - 3.00pm @ STC**  
Ermysteds Y10 Tournament
- **12th June @ Riddlesden Tennis Club**  
Bronte School Games
- **17th June - 1.00 - 3.00pm @ STC**  
Ermysteds Y9 Tournament
- **18th June - 1.00 - 3.00pm @ STC**  
KS2 Craven School Games Tournament
- **21st -24th June @ STC**  
Jamie Kirkman
- **22nd June - 5.00 - 8.00pm @ STC**  
Alexanders Pop Up Gin Bar

## HEALTH & FITNESS

New to Sandylands Fitness Centre is a joint venture with **Clean Eats Kitchen** to provide Skipton with Convenient, Fresh and Healthy meals. Meals can be ordered weekly or the gym will be stocking 'Grab & Go' meals ready for a busy lifestyle.

Meals are made with high quality locally sourced produce from West and North Yorkshire. The company prides itself on attention to detail, variety and flavour with a view of changing the 'stigma' of boring meal prep. The meal prep is suitable for all, from shift-workers, busy parents, fitness enthusiasts, recovery from injury or people looking to maintain or improving health and lifestyle.

Meals start from £5, give them a try.. they do not disappoint!

## COACH TIP OF THE MONTH



This months tip comes from Coach Ueli ...

When volleying at the net insure good balance and an assertive stance by pushing your hips back and your racket forward. This changes the angle of the torso, allowing you to lean in to the shot and will aid your stability through the volley, to will give you greater control.

Practice this next time you play and see what difference it makes to your game!

\*\*\*

With Wimbledon around the corner, Ueli has an individual lesson offer of £15 throughout the month of June and July for new players!

Contact the club to book your lesson.



info@skiptontennis.com



www.skiptontennis.com

